

## **Lenten Regulations**

Lent 2017 begins with the observance of Ash Wednesday. The Catholic Church asks each member to preserve the penitential character and purpose of Lent by attending to the following fast and abstinence regulations.

### Lent fasting and abstinence rules for Catholics

Catholics who have celebrated their 14th birthday are bound to abstain from meat on Ash Wednesday and all Fridays in Lent, including Good Friday.

Catholics who have celebrated their 18th birthday and are under 59 years of age are bound to fast on Ash Wednesday and Good Friday.

Ash Wednesday and Good Friday Fasts: only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, the law does not oblige. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.

Lenten Mass Schedule

Tuesdays.......6:30 & 8:00 A.M. Wednesdays thru April 12 ......6:30 A.M. & 12:15 P.M. Thursdays thru April 6 ........6:30 & 8:00 A.M. & 5:15 P.M.

Sunday......7:00, 9:00 & 11:00 A.M.

Mondays thru April 10...... 6:30 & 8:00 A.M.

Fridays (except Good Friday) ......6:30 A.M. & 8:00 A.M.

### PRIVATE CONFESSIONS

Thursday, March 2 ......4:30 P.M. Thursday, March 23 ......4:30 P.M. Thursday, March 30 ......4:30 P.M.

NO Thursday Confession on March 9, 16 April 6 and 13

### COMMUNAL RECONCILIATION

With Private Confession

Tuesday, April 4 SMG School, grades 2-4: .....9:00 A.M. SMG School, grades 5-8: ...... 10:30 A.M. Thursday, April 6 Parish Service: 6:30 p.m.

### Other Prayer Opportunities In Lent

### **Stations of the Cross** Wednesdays ...... 6:30 P.M. **Divine Mercy Prayer Cenacle Adoration** Thursdays (except Holy Thursday)....... 8:45 A.M.-1:00 P.M. Rosary

Monday through Friday ......6:15 A.M. Saturdays of Lent ......7:40 A.M.

### **OPPORTUNITIES FOR ALMSGIVING**

### Feed My Sheep

6:8, Kids Against Hunger

March 18/19 and April 15/16: 3rd Weekend of the Month Food collection for St. Vincent de Paul Society

### **Holy Thursday**

Collection for the Poor

### **Good Friday**

Collection for upkeep of the Holy Land Shrines

### **SERVICE OPPORTUNITIES**

March 3, 10, 17, 24, 31 - Fish Fry Volunteer

March 9 - Community Meal at Luke House

March 18/19 - SVdP Food Drive

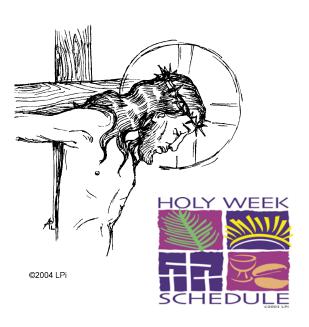
April 1 - "Feed My Sheep"

April 7 - Fish Fry Volunteer

April 13 - Community Meal at Luke House

April 15/16 - SVdP Food Drive





# Lent 2017

### Palm Sunday Masses, April 9

Regular weekend Mass times

### Monday of Holy Week, April 10

Masses: 6:30 and 8:00 A.M. Private Confessions: 9 A.M. - 2 P.M.

### Tuesday of Holy Week, April 11

Masses: 6:30 and 8 A.M.

Chrism Mass with Bishop Morlino: 7:30 P.M.

### Wednesday of Holy Week, April 12

Masses: 6:30 A.M. and 12:15 P.M. Stations of the Cross: 6:30 P.M.

### Holy Thursday, April 13

Morning Prayer: 8 A.M.

Lent ends as the Easter Triduum begins. The Triduum starts with the Evening Mass of the Lord's Supper on Holy Thursday. Please join us in celebrating the beautiful liturgies of the Triduum. They are the most important ones of the whole liturgical year. We are privileged to celebrate the sacred moments of the Lord's death and resurrection.

\*Mass of the Lord's Supper: 7:30 P.M. Adoration until 11 P.M.

### Good Friday, April 14

Morning Prayer: 8 A.M.
Celebration of the Lord's Passion: I P.M.
Tenebrae: 7 P.M.

### Holy Saturday, April 15

Morning Prayer: 8 A.M.
Blessing of Easter baskets: I P.M.
\*Easter Vigil begins at 8 P.M.

Easter Sunday, April 16

Masses at 7, 9 and 11 A.M.

\*Indicates incense will be used (Easter morning).

### **SACRAMENT OF RECONCILIATION**

### AREA CHURCHES

AREA CHURCHES	
St. Christopher Parish - St Saturdays Tuesdays or Wednesdays Daily before 8:00 A.M. Masse	8:45-10:00 A.M.
St. Bernard (MIDDLETON)  1st Saturdays  Saturdays	
BLESSED SACRAMENT Saturdays Saturdays Sundays Sundays	4:15-4:45 P.M. 7:00-7:30 A.M.
GOOD SHEPHERD PARISH ST. JAMES Saturdays in April(No Confessions on Holy Saturday) ST. JOSEPH	9:15 A.M.



Thursdays......5:00 P.M.

Saturdays in March (No Confessions on Holy Sat.) .. 9:15 A.M.

Sunday evenings with Fr. Manuel Mendez just before 7:00 p.m.

Mass (between 6:20 p.m. and 7:00 p.m.), or by appointment.

### St. Thomas Aquinas

