



***This institution is an equal opportunity provider.***



**Your tray should have at least 3 of the five components. One must be ½ cup of fruit or vegetable, or ½ cup of combination of fruit and vegetable.**



### Monday

1 Hamburger **1**  
2 Grilled chicken sandwich  
Cheese and bacon offered  
3 Salad bar  
Red delicious apples  
Tater tots, pickles  
Choice of milk

1 Chicken patty **8**  
2 Tuna salad sandwich on  
toasted bread  
3 Salad bar  
Fresh pears  
Sweet potato fries, celery sticks  
Choice of milk

1 Corn dogs  
2 Scalloped potatoes with ham  
3 Salad bar **15**  
Granny smith apples  
Baby carrots, cauliflower florets  
Choice of milk

1 Chicken nuggets **22**  
2 Bagel with ham and cheese  
3 Salad bar  
Clementine  
Fries, mixed veggies  
Choice of milk

**NO SCHOOL** **29**

### Tuesday

1 Taco Tuesday **2**  
2 Taco soup  
3 Salad bar  
Peaches  
Carrot sticks, sweet bean salad  
Choice of milk

1 Walking taco **9**  
2 Bean and cheese burrito  
3 Salad bar  
Bananas  
Baked beans, sweet peppers  
Choice of milk

1 Nacho bar **16**  
2 Baked potato bar  
3 Salad bar  
Juice  
Corn, black beans  
Choice of milk

1 Cheese quesadilla **23**  
2 Chicken enchiladas  
3 Salad bar  
Pears  
Corn and peas, pinto bean salad  
Choice of milk

1 Walking taco **30**  
2 Bean and cheese burrito  
3 Salad bar  
Golden delicious apples  
Baked beans, celery sticks  
Choice of milk

### Wednesday

1 Pasta day: Choice of: **3**  
Marinara, Alfredo sauce or  
parmesan cheese  
2 Salad bar  
Oranges  
Romaine salad, grape tomatoes  
Choice of milk

1 Mac and cheese **10**  
2 Ham and turkey sub  
3 Salad bar  
Applesauce  
Spinach salad, tomato wedges  
Choice of milk

1 Cheesy buttered noodles **17**  
2 BBQ chicken sandwich  
3 Salad bar  
Blueberries  
Salad mix, roasted garbanzo  
Choice of milk

1 Pasta with meatballs **24**  
2 Cheese lasagna rollups  
3 Salad bar  
Watermelon  
Romaine mix, tomato salad  
Choice of milk

TBA **31**  
2 Salad bar  
Fruit  
Vegetables  
Choice of milk

### Thursday

1 Grilled cheese sandwich **4**  
2 Chicken salad on flat bread  
3 Salad bar  
Cantaloupe  
Salad mix, tomato soup  
Choice of milk

1 BBQ rib patty **11**  
2 Roasted turkey or chicken  
3 Salad bar  
Honeydew  
Mashed potatoes,  
cucumber salad  
Choice of milk

1Mozzarella sticks with **18**  
Marinara sauce  
2 Teriyaki chicken with rice  
3 Salad bar  
Pineapple, steamed broccoli,  
red pepper sticks  
Choice of milk

1 Pancakes **24**  
2 Breakfast croissant  
3 Salad bar  
Orange juice  
Cucumbers, sugar snap peas  
Choice of milk

### Friday

1 Cheese pizza **5**  
2 Sloppy Joe  
3 Salad bar  
Raisins / fruit  
Green beans, sweet bean salad  
Choice of milk Ice cream cups

1 Pepperoni Pizza **12**  
2 Beef ravioli  
3 Salad bar  
Craisins / fruit  
Salad mix, grilled squash &  
zucchini  
Choice of milk Cream puffs

**NO SCHOOL** **19**

1 Cheese pizza **26**  
2 BBQ pulled pork sandwich  
3 Salad bar  
Raisins / fruit  
Baked carrots, pinto bean salad  
Choice of milk Cookies

